

THE NARROWS

Music Bar & Restaurant

LAKE MINNETONKA AREA'S PREMIER MUSIC BAR

SMALL PLATES & STARTERS

LETTUCE WRAPS

Szechuan Chicken: grilled Thai chicken, cucumbers, carrots, cilantro, green onions, Szechuan sauce 7.5

SALTED GOUDA PRETZEL

2 pretzel twists served warm, creamy gouda & dijon sides 7.5

LOBSTER QUESADILLA

Grilled tortilla w/lobster, pepper jack cheese, diced tomato. Topped w/cilantro, mango-habanero pineapple sauce 8

LOADED TOTS

Crispy tots topped w/cheese, bacon, green onion w/sriracha garlic mayo side 5.5

STEAK BITES

Choice cut blackened steak bites w/creamy horseradish 11 w/ gouda dip 13

DOCK SIDE CHICKEN TENDERS

Choice of: BBQ side or tossed in buffalo sauce w/creamy bleu cheese, celery sides 9

SPINACH CON QUESO

A zesty blend of hot pepper cheeses, spinach, onion and garlic topped with grated parmesan & jalapenos served in a crock with house made tri-color chips 11.5

NARROWS WINGS

10.5 Choice of:
• house seasoned, ranch side
• sweet chili grilled
• buffalo style, bleu cheese side

SEARED AHI TUNA **GF**

Seared w/black, white sesame seeds, wasabi cream sauce, spring mix, soy, ginger 14

NARROWS QUESADILLA

Grilled tortilla w/grilled chicken breast, cheddar jack cheese, salsa, sour cream sides 9.5

SALADS

Includes grilled French garlic bread.

GRILLED CHICKEN & PEAR **GF**

Crisp spring mix & romaine, pears, herb grilled chicken, feta & maple salted walnuts tossed in poppy seed dressing 11.5

KITCHEN COBB **GF**

Chopped romaine topped w/ grilled chicken, country bacon, egg, avocado, green onion, tomato, bleu cheese crumbles 12

SALMON CAESAR

Our classic Caesar topped with blackened salmon and chipotle aioli 15

AVOCADO TOMATO **GF**

Spinach, feta, grape tomatoes, avocado, red onion tossed in avocado ranch and topped w/ basil and cilantro 10

CLASSIC CAESAR

Romaine, parmesan, our homemade croutons tossed in our creamy house Caesar dressing 9

SOUPS & SIDES

NARROWS SOUP OF THE DAY Cup 5 | Bowl 6.5

LOBSTER BISQUE Cup 6 | Bowl 7.5

DIRTY PORK STEW **GF** Cup 6 | Bowl 7.5

Diced pork simmered slowly with garlic, onions, tomatillos, tequila, beer. Topped w/sour cream, shredded cheese, green onions.

NARROW'S SIDE SALAD 5.5

Sweet grape tomatoes, sweet, salty walnuts, garlic croutons

CAESAR SIDE SALAD 5.5

Lunch Specials

Available Monday-Friday 11am-3pm

HOUSE SIDE SALAD

Sweet, salty walnuts, grape tomatoes, house made croutons on romaine w/ choice of dressing

CAESAR SALAD

Romaine, shredded parmesan & croutons. Tossed in Caesar dressing

SANDWICH

Choice of:
• grilled cheese on sourdough
• 1/2 Metro Deli sandwich: turkey, ham or corned beef w/ lettuce/tomato, red onion, mayo

CUP OF SOUP

Soup of the Day
Dirty pork stew / lobster bisque add 1.50

CHOOSE
2 FOR \$9

ENTREES

LOBSTER TACOS

A Classic! Sautéed lobster claw meat, pepper jack, spinach & pineapple mango habanero sauce. Fresh fruit side 15

CHIPOTLE ENCHILADAS **GF**

2 chipotle chicken enchiladas w/ hot pepper cheese wrapped in corn tortillas, topped w/ green sauce and served w/ rice, refried or black beans, sour cream, guacamole 12.5

BLACKENED SALMON **GF**

Mango salsa, grilled asparagus, garlic mashed potatoes 14.5

NARROWS WALLEYE

Lightly pan fried or blackened. Choice of 2: Narrows side salad, side Caesar salad, garlic mashed, fries, asparagus 16.5

JAMBALAYA

Chicken & smoked sausage simmered in a spicy cajun sauce served over seasoned rice topped w/ grilled shrimp & a cornbread muffin 16.5

BURGERS & SANDWICHES

Choice of: Fries / Kettle Chips / Tater Tots / Cole slaw / Cottage Cheese Sub for \$2 Skin-on House Chips / Sweet Potato Fries / Onion Rings / Fresh Fruit
Sub Side Salad for \$3

HOUSE

2 patties, American & cheddar cheese & special sauce, grilled plain bun 12.5

ROOSTER

Sriracha mayo, pepper jack & swiss, caramelized onions, country bacon, sweet pickles, grilled plain bun 13

THE BUCKSNORT

Double stacked patties w/cheese, shredded lettuce, sweet pickles, secret sauce, grilled plain bun 13

THE LOCAL

New local favorite! Blackened, topped w/cheddar, sliced avocado, jalapeño bacon, tomato, shredded lettuce, crispy onions, avocado ranch, grilled pretzel bun 12.5

BLACK & BLEU

Blackened seasoning, sliced cheddar, crumbled bleu cheese, lettuce & tomato, red onion, grilled plain bun 12

AVOCADO RANCH & BACON

Pepper jack cheese, avocado ranch, guacamole, lettuce, tomato, jalapeño bacon, red onion, ranch, grilled poppy seed bun 12.5

THE CLASSIC

1/3 lb. grilled burger w/lettuce, tomato, red onion, choice of cheese, grilled plain bun 10.5

AHI CLUB

Seared and stacked! Avocado, spring mix, tomato, cukes & wasabi cream sauce 15

BOY SCOUT ISLAND BLT

A classic! Smoked bacon, lettuce, tomato & mayo. Choice of sourdough or multi grain 9.5 Kick it up w/ jalapeno bacon! 2

BUFFALO CHICKEN

Lightly breaded, tossed in our buffalo sauce, cheddar & bleu cheese crumbles, lettuce & tomato, grilled poppyseed bun 11.5

LOBSTER BLT - *Our signature Item!*

Lobster claw meat tossed in our creamy seasoned sauce, lettuce, tomato, smoked bacon, grilled multigrain 14 Kick it up w/ jalapeno bacon! 2

SHADY ISLAND CHICKEN

Buttermilk dipped chicken, lightly fried, our b&b pickle spicy slaw, sriracha garlic mayo, grilled plain bun 12

NARROWS CLASSIC CLUB

Triple-decker stacked high w/ country bacon, Metro Deli ham & turkey, lettuce, tomato & mayo on choice of sourdough or multi-grain 11.5

NARROWS WALLEYE

Lightly pan fried, shredded lettuce, roasted jalapeno tartar, grilled hoagie 14.5

GF = GLUTEN FRIENDLY

WARNING: CONSUMPTION OF UNDERCOOKED MEAT, POULTRY, EGGS, OR SEAFOOD MAY INCREASE THE RISK OF FOODBORNE ILLNESSES. ALERT YOUR SERVER IF YOU HAVE SPECIAL DIETARY REQUIREMENTS.